

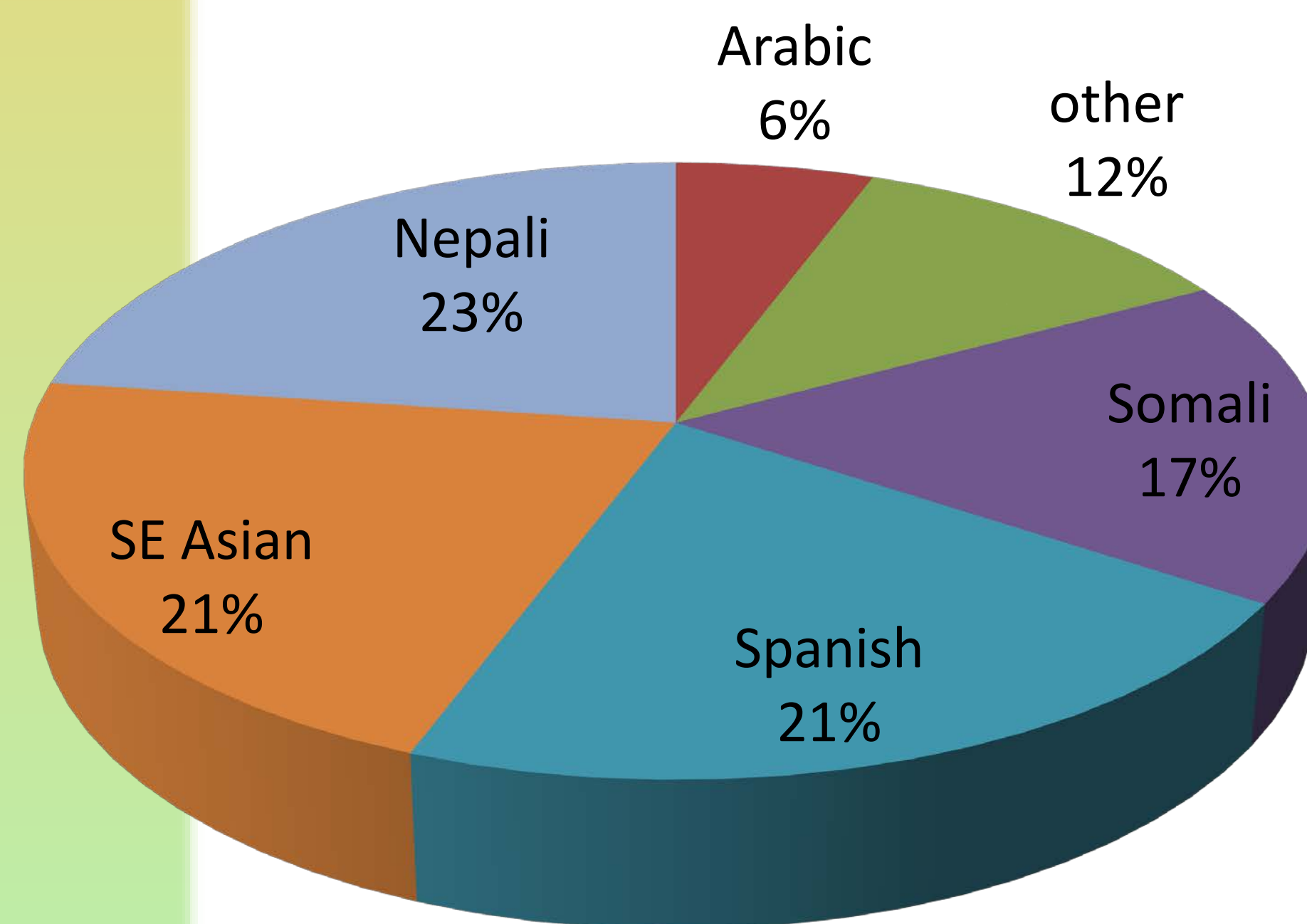
The Anchorage Health Literacy Collaborative

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Developing a Peer Language Navigator Cadre



Very Beginning English Speakers
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Goals

Build a cadre of bilingual/cultural, ethnic competent peer language navigators, PLNs.

Provide culturally appropriate breast and cervical cancer information and screenings to the immigrant and refugee student population at ALP.

Help health providers design & deliver comprehensive health information to immigrants & refugees with very limited English in a health fair format.

Methods

Train & Recruit PLNs

Train health providers to develop material for limited English & low literacy adults

Build cultural competent support through breast & cervical screening & follow-up

Health Fair components: Nutrition, Blood pressure, Diabetes, Breast self exam, Foot care, Stress



TAHLC Partners

University of Alaska Anchorage-
Dept of Health Sciences,
School of Nursing &
Psychology Departments

Alaska Literacy Program, ALP
YWCA Alaska

Providence Hospital—Parish Nurses
University of Alaska Fairbanks –
Community Extension Services

Outcomes & Impact

Screenings resulted in identification of abnormalities and successful referrals

Funders have increased

Participants' health knowledge increased 79%

Regular meetings of partners results in new activities building on lessons learned

Connections made between providers and hard to reach populations

Opportunities for student engagement

Health Fair 2010 and 2011:

130 attended Health Fairs

Workshops 2010 and 2011:

93 women attended

41 women screened, & 11 needed follow-up

PLN's Cadre Includes:

Russian, Korean, Hmong, Thai, Nuer, Somali, Lao
Wolof, Nepali, Spanish, Mandarin

Key Points:

*Developed appropriate written materials for audiences with limited literacy skills.

*Health information is culturally relevant

Immigrants & Refugees Living in Anchorage

112

Anchorage School District serves families who speak 112 different languages in their homes.

25%

Anchorage has experienced a 25% increase of foreign born in last 10 years.

50%

The South East Asian population in Anchorage has increased by 50% in last 10 years.