

Building on Lessons Learned: What Working with Peer Language Navigators (PLNs) has Taught us in Multi-Cultural Anchorage, AK



Project 4: Applications Course
Increasing PLNs health knowledge and ability to conduct community outreach

Goal
To continue training PLNs on health knowledge and public health topics

Approach
Recruit and train PLNs, discuss community health topics, and train PLNs to do community outreach

Potential Outcomes
PLNs will increase their confidence in health knowledge and apply this knowledge to improve health on an individual, group and community level.

Project 3: Advanced Health Literacy Course
Establishing a strong foundation in health literacy

Goal
Provide a strong base of knowledge in health literacy topics and skills for advanced level ESL students, current PLNs, and new PLNs.

Approach
Recruit students, develop a curriculum, and provide instruction at the Alaska Literacy Program

Potential Outcomes
Increase the number and efficacy of PLNs in the community. PLNs will increase their knowledge and confidence in health literacy as well as improving their English skills, computer literacy and career pathways

Looking to the Future: Expanding the Role of PLNs in Alaska's Refugee and Immigrant Communities

Project 2: National Library of Medicine PLN Project
Training PLNs for community outreach

Goal
Train and support PLNs to find reliable online health resources and to conduct community outreach

Approach
Recruiting and educating PLNs
Developing training sessions on health information, computer basics, and online resources
Creating an outreach plan to share health knowledge with community members.

Outcomes
Two cohorts have completed training
8 PLNs have been trained
146 community contacts made
PLNs expressed a desire to expand their roles in the community

Project 1: Breast Cancer Focus
Breast and cervical cancer workshops and screenings and health fair

Goal
Provide culturally appropriate and comprehensible health information to ALP students

Approach
Recruiting and educating PLNs
Training health care providers
Building support for breast and cervical cancer screenings and follow-ups

Outcomes
Participants health knowledge was increased
Breast and cervical abnormalities were detected
Referrals for further treatment were completed

ALASKA

There are 98 languages spoken in the Anchorage School District

THE LAST FRONTIER



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